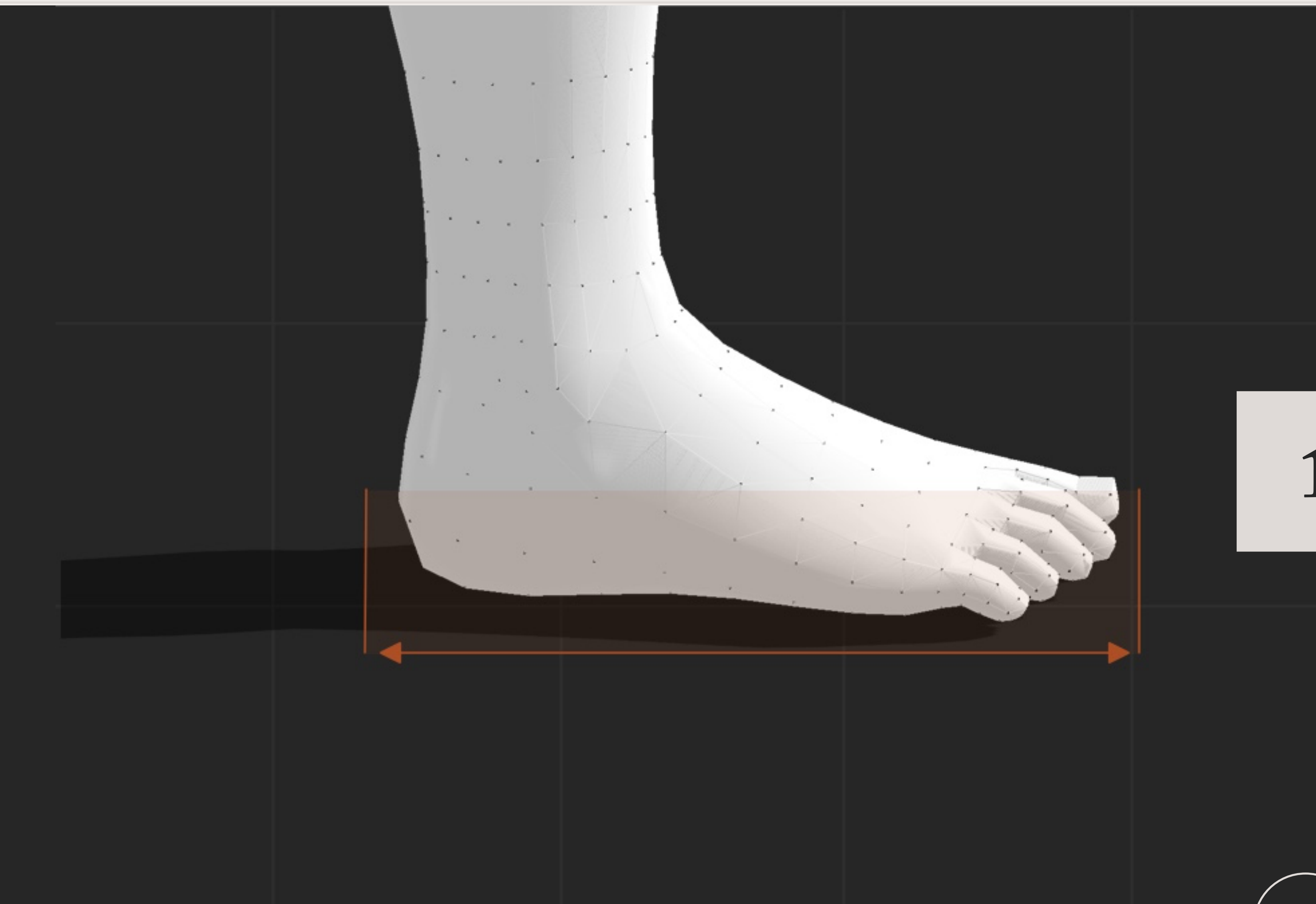


Guide to obtain the length and width of each foot

We are at your disposal for any questions or queries. Our podiatry team and specialized advisors will assist you via email at podo@glenshoes.com or by phone at +34 913 89 58 87 (Monday to Friday from 10:30 a.m. to 7:00 p.m. and Saturdays from 10:30 a.m. to 3:00 p.m.).



Foot length

- First, place a sheet of paper on the ground.
- Stand with your left foot resting on the page (standing up) and ask another person to help you.
- That person should take a pen or marker and outline your foot on the page. It is important that the pen or marker is placed perpendicular to the page.
- Repeat the process in the same way with the right foot.
- Write down the measurement of the longest foot and look for the equivalence in Glent's size guide

Foot width

- With a meter of seam, surround your foot below the toes in the area of greatest forefoot width.
- Write down the measurement of the foot that has the greatest width and look for the equivalence in Glent's widths guide.



Shoes that adapt to you, not the other way round